

75 LEIGHTON AVENUE  
RED BANK, NJ 07701

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SCAN TO



TIP

# ORGANIC MENU

## LUNCH

100% GLUTEN + WHEAT + DAIRY FREE

**LUNCH** M-TH 11AM - 3:30PM F-ST 11AM - 4PM

**V VEGAN**

### SALADS **V**

**ADD** +add roasted chicken 6 +add turkey 6 +add quinoa 3 +add hummus 3.5

- RETRO K.O. SIGNATURE** finely cut kale from our garden, dried cranberries & coconut w/ our avocado-lemon vinaigrette...**14**
- BEET IT** market greens topped w/ roasted beets, cucumber, roasted cashews & coconut tossed in our lemon vinaigrette...**14**
- VEGAN CAESAR** finely cut kale tossed w/ homemade focaccia croutons & K.O.'s caesar dressing...**13**

### TOASTS **V** .....two per serving

*\*served on our homemade "everything seeded," bread\**

- K.O.'S SMASHED AVOCADO TOAST** smashed avocado, freshly shaved radish, pickled red onion, cilantro & a lime...**13**
- AVO-BEET TOAST** smashed avocado toast topped w/ pickled beets, cashew goat cheez, toasted pepitas & micro greens...**14**

### BOWLS

**ADD** + roasted chicken 6 + grass-fed steak 12 + turkey 6 + quinoa 3 +add tofu 4

- V GARDEN PESTO ZOODLE BOWL** zucchini noodles tossed in our garden pesto mixed w/ heirloom cherry tomatoes, served w/ a side of homemade focaccia sticks for dipping...**15** +add protein
- TURKEY MEATBALLS** served w/ roasted spaghetti squash tossed in our garden pesto & marinara sauce w/ a side of homemade focaccia sticks for dipping...**18**

### NAAN (TACOS) .....two per serving

*\*served on our homemade Naan Taco Shells* **ADD** one more taco +9

- V MEDSHROOM** locally sourced lion's mane mushrooms from *Two River Mushroom*, roasted in our mediterranean spices, sautéed market greens, K.O. classic hummus, pickled red onion w/ a side of hot sauce & cashew cream tzatziki...**19**
- CHIMICHURRI** choice of grass fed steak, roasted chicken, mushrooms **OR** tofu sautéed in our chimichurri sauce topped w/ pickled red onion, avocado, red pepper & scallions....**20**
- FIESTA** chili rubbed grass-fed steak, roasted chicken, mushrooms **OR** tofu sautéed w/ shishito peppers & red onion served w/ a roasted garlic spread & a red peppers crema....**20**

**RUSSET POTATO WEDGES 6 SWEET POTATO WEDGES 6 SIGNATURE SALAD 6 VEGAN CAESAR 5**  
**HOT HONEY BRUSSEL SPROUTS 8 HUMMUS PLATE 10 GREEK FRIES 8 AVOCADO TOAST - 1PC 3.5**

### K.O. SANDWICHES

### SIDES

**TURKEY CLUB** our house roasted turkey breast paired w/ uncured bacon, avocado, strawberry mayo (contains eggs) & lettuce served on our Everything Seeded Bread w/ choice of salad or wedges...**19** +SUB turkey bacon +2 -NO SIDE -1.50

**BISON BURGER** ground bison folded w/ caramelized onions served w/ a radish cashew cream, lettuce & tomato on our KITCH Pita. w/ pickles & a choice of sweet potato or russet wedges....**23** -NO SIDE -1.50

**THE REAL K.O.** our herb roasted chicken breast, uncured bacon, avocado, red cabbage & KO ranch dressing (contains eggs & cashews) on KO Everything Seeded Bread...**16**

**BLACKENED CHICKEN** blackened chicken breast served w/ a key lime aioli, bread & butter pickles & salad greens w/ your choice of side. served on our KITCH pita....**22** -NO SIDE -1.50

**HONEY MUSTARD TURKEY SANDWICH** house roasted & sliced turkey breast, KITCH honey mustard dijonaise (contains eggs), lettuce, tomato, pickled red onion, choice of bread...**16** + add turkey bacon 6 +add bacon 5

**V BLACKENED LIONS MANE** blackened lions mane mushroom "steak" (*Two River Mushroom*) w/ a key lime aioli, bread & butter pickles & salad greens. Served on our KITCH pita w/ your choice of side....**18.5** -NO SIDE -1.50

**CHICKEN PESTO** herb roasted chicken breast tossed in KO pesto (made w/ walnuts), roasted red peppers, sun dried tomato spread served on our focaccia...**19.5** -NO SIDE -1.50

**V WHITE BEAN BURGER** served on our KITCH pita w/ a vegan aioli, spicy cucumber salad w/ your choice of side...**18.5** -NO SIDE -1.50

**KITCH MAC** grass-fed beef from *PALMERS Quality Meats* cooked w/ diced yellow onions, shreduce, house pickles and special sauce (contains eggs) served on a sesame seed KITCH pita w/ choice of side...**21** -NO SIDE -1.50

**V TOFU PESTO** sliced extra firm pressed tofu w/ KO pesto (made w/ walnuts), roasted red peppers, sun dried tomato spread served on our focaccia...**18** -NO SIDE -1.50

Some of our foods may contain tree nuts. Please let us know if you have allergies or sensitivities to any of our ingredients.



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WIFI PASSWORD: KitchOrg777  
ALL PRICES & MENU ITEMS ARE SUBJECT TO CHANGE