



LUNCH 11-3:30PM M-TH 11-5PM F, SA



SALADS



- K.O. SIGNATURE** finely cut market greens, cranberries, coconut, chopped pistachios with a lemon vinaigrette... **12**
- K.O. AUTUMN** market greens, diced apples, roasted winter squash, chickpeas, spiced walnuts with an autumn vinaigrette... **12**
- VEGAN CAESAR** mixed market greens tossed with homemade focaccia croutons and K.O.'s caesar dressing... **12**

PROTEIN ADD ONS: +add roasted chicken 5 +add quinoa 3 +add turkey 5

TOASTS.....**two** per serving



served on our homemade "everything seeded," bread

- K.O.'S SMASHED AVOCADO TOAST** smashed avocado, freshly shaved radish, pickled red onion and a lime wedge... **9**
- K.O. CLASSIC HUMMUS** traditional style hummus, roasted chickpeas, paprika, extra virgin olive oil, fresh parsley... **9**
- BUTTERNUT SQUASH** roasted butternut squash spread, apple & kale salad with sesame roasted cashews... **9**

BOWLS

- NOODZ** black bean noodles, crunchy red cabbage, vibrant bell peppers, julienned carrots, rice wine vinaigrette topped with sesame roasted cashews and chopped scallions... **13** **available chilled only**
- THE EXPLORER** coconut quinoa, diced cucumbers, red cabbage, fresh herbs, chicken satay... **17**
- PASTURE BOWL** ginger scallion dressed spaghetti squash topped with citrus soy marinated grass-fed flank steak & roasted garlic broccoli... **18**

NAAN.....**two** per serving

- NAAN MI** chicken satay, red pepper crema, pickled carrots, cucumber, radish, fresh herbs and lime... **15**
- MEDSHROOM** roasted mediterranean seasoned mushrooms, sautéed market greens, K.O. classic hummus, pickled red onion with a side of hot sauce and cashew cream tzatziki... **12**
- KUBAAN** slow roasted turkey breast, shredded chicken, chipotle cashew cream, roasted red peppers and spicy bread & butter pickles... **16**
- NAAN STEAK** spiced rubbed grilled grass-fed flank steak served with mushrooms, onions and red pepper crema... **15**

K.O. SANDYS

- AUTUMN TURKEY** roasted turkey breast, butternut squash spread, crunchy apple, swiss chard served on our "everything seeded" bread... **12** +add turkey bacon 5
- FARMERS MKT** fresh veggies & K.O. classic hummus served on our homemade focaccia loaf bread... **8**

SIDES:

- K.O. signature salad..... 5
- sweet potato wedges.....4
- roasted curried cauliflower w/
golden raisins5

PLATES

- MEZZE PLATE** mediterranean roasted mushrooms, hummus, cucumber salad, marinated roasted red peppers, cashew cream tzatziki served with naan points... **14**
- CAULIFLOWER STEAK** seared cauliflower "steak," served with a roasted red pepper cream topped with sautéed mushrooms, onions and black lentils served with a side of sweet potato wedges... **15**

Some of our foods may contain tree nuts. Please let us know if you have allergies or sensitivities to any of our ingredients.



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WIFI PASSWORD: KitchOrg777
ALL PRICES & MENU ITEMS ARE SUBJECT TO CHANGE