



**LUNCH** 11-3:30PM M-TH 11-5PM F, SA

**V VEGAN** **GF GRAIN FREE** **NF NUT FREE**

**SALADS**

**K.O. SIGNATURE** finely cut kale mixed with our avocado-lemon dressing, cranberries, coconut, toasted pepitas...**13** **V** **GF** **NF**

**K.O.BB SALAD** diced tomatoes, avocado, diced turkey, turkey bacon, hard boiled eggs set on a bed of mixed local greens with a red wine vinaigrette...**16** **GF** **NF**

**VEGAN CAESAR** a mix of local salad greens and kale tossed in K.O.'s caesar dressing tossed with crispy chickpeas and homemade croutons...**12** +add turkey 4 **V** **NF**

**PROTEIN ADD ONS:** +add roasted chicken 5 +add tempeh 4 +add tofu 4 +add chicken salad 5 +add turkey 5

**TOASTS**.....**two** per serving

**K.O.'S ORIGINAL AVOCADO TOAST** our avocado smash spread onto two pieces of our homemade "everything seeded" bread topped with a pinch of chili flakes for a little heat...**8** **V** **NF**

**CHIPOTLE CHICKEN AVOCADO TOAST** our avocado smash and chipotle cashew cream spread onto our homemade "everything seeded" bread topped with chili-lime roasted chicken...**10**

**MUSHROOM MEATBALLS** served on K.O.'s original avocado toast topped with a garden horseradish cashew cream...**10** **V**

**TACOS**.....**three** per serving

*\*choice of our homemade naan shells OR lettuce shells\*  
\*served with avocado smash and chipotle cashew cream\**

**FISH TACOS** fresh and local caught fish of the day pan seared, seasoned and drizzled with a cilantro vinaigrette topped with citrus slaw (Joe's favorite)...**17**

**CHIMICHURRI CHICKEN TACOS** pulled roasted chicken tossed in our homemade chimichurri sauce...**16.5**

**TAILGATE TACOS** garlic-herb hummus, avocado-quinoa smash, red cabbage, shredded lettuce, radish...**13.5** **V**

**K.O. SLIDERS**.....combo any **two**

*\*served w/ lettuce, tomato and onion and side of pickles\**

**WESTSIDE TURKEY BURGER**

folded with tri-colored peppers and shredded zucchini with avocado smash and chipotle cashew cream

**THE SPICY BEAN**

mixed beans, kale, caramelized onions, green and red jalapeño peppers with a avocado smash and chipotle cashew cream



**BISON BURGER**

fresh ground bison folded with caramelized onions served medium rare with a horseradish cashew cream

**K.O. SANDYS**.....served w/ pickles

**TURKEY CLUB "SPECIAL"** roasted turkey, maple pepper turkey bacon, lettuce, tomato, onion, avocado and strawberry mayo served on our "everything seeded" bread...**15** **NF**

**LEMON SCENTED CHICKEN SALAD** served on K.O.'s original focaccia bread served with lettuce, tomato and onion...**13** **NF**

**T. K. O.** turkey bacon, lettuce, tomato, avocado smash and spicy mustard on our "everything seeded" bread...**12** **NF** +sub mushroom bacon to be made **V**

**K.O. MAINS**

**CHIMICHURRI CHICKEN** pulled roasted chicken tossed in K.O.'s chimichurri sauce served on a vegetable latke... **16** **GF** **NF**

**TURKEY MEATBALLS** served over zucchini ribbons tossed in our walnut pesto and garden marinara sauce... **15** **GF**

**A NEW DAWN** pulled roasted chicken tossed in a warm pesto vinaigrette served over wilted greens and brown rice... **17**

**CHICKEN BAHIJA** bbq chicken on top a sweet potato cake and seasonal roasted vegetables tossed in honey siracha... **16.50** **GF** **NF**

<b>SIDES:</b>	
K.O. signature salad.....	5
house side salad.....	4
sweet potato salad.....	4
sweet potato fries.....	4
cucumber chips.....	3
apple chips.....	3
extra pickles.....	3

  

<b>Dressings:</b>	
blueberry basil, cumin lime,	
pineapple herb, red wine	
vinegar, cilantro vinaigrette	

Some of our foods may contain tree nuts. Please let us know if you have allergies or sensitivities to any of our ingredients.



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WIFI PASSWORD: KitchOrg777  
ALL PRICES & MENU ITEMS ARE SUBJECT TO CHANGE