



BREAKFAST

| 8AM - 11AM | M - F | 8AM- 12PM | S

V VEGAN **GF** GRAIN FREE **NF** NUT FREE

EVERYDAY MAINS

all "everyday mains" come with a K.O. Joe coffee or tea

EGG PLATTER you choose EGGS: (over easy, over medium, over hard, scrambled, sunny side up, fried) PROTEIN: (turkey sausage, turkey bacon, maple pepper turkey bacon) and served with sweet potato hash, sautéed kale and one piece of our original avocado toast...**13** **NF**

K.O.'S ORIGINAL AVOCADO TOAST our avocado smash spread onto two pieces of our homemade "everything seeded" bread topped with a pinch of chili flakes for a little heat. Served with sweet potato hash...**10** **V** **NF**
+add two eggs 5

VEGGIE SCRAMBLE local farmers market vegetables folded perfectly with two fluffy scrambled eggs...**10** **GF** **NF**

TOFU SCRAMBLE served with portobello mushroom, sautéed kale, sweet potato hash and one piece of K.O.'s original avocado toast...**12** **V** **NF**

OLD FASHIONED OATMEAL old fashioned oats perfectly made with dried apples, peaches, cranberries, pears and a dash of both cinnamon and brown sugar...**10** **V**

BENEDICT'S ARNOLD over medium eggs served over sautéed greens, a seared tomato and our homemade sweet potato focaccia bread finished with a roasted bell pepper sauce...**14.5** **NF**

TURKEY TARTINE one slice of K.O.'s original avocado toast topped with a turkey sausage patty, kale your choice of EGG: (over easy, over medium, over hard, scrambled, sunny side up, fried)...**9** **NF**

EVERYDAY SANDYS

INDIVIDUAL SANDWICHES

EGG SANDWICH you choose EGGS: (over easy, over medium, over hard, scrambled, sunny side up, fried) PROTEIN: (turkey sausage, turkey bacon, maple pepper turkey bacon) BREAD: (everything seeded, original focaccia +1) with sautéed kale **12** **NF**

GARDEN STATE SANDY local farmers market vegetables folded perfectly with two fluffy scramble eggs served on our "everything seeded" bread **7** **NF**

+sub original focaccia bread 2

SIDES

turkey bacon (2) 6

maple pepper turkey bacon (2) 6.5

turkey sausage patty 5

two eggs 5

+add one egg 2.5

+sub egg whites 1.5

mushroom bacon 3

avocado toast (1) 3

everything seeded toast (2) 3

sweet potato hash 3

apple chips 3

WEEKENDS ONLY

PANCAKES

13

FOCACCIA FRENCH TOAST

12

SWEET POTATO QUICHE

11

Some of our foods may contain tree nuts. Please let us know if you have allergies or sensitivities to any of our ingredients.



SHARE YOUR EXPERIENCE
#KITCHORGANIC



WIFI PASSWORD: KitchOrg777
ALL PRICES & MENU ITEMS ARE SUBJECT TO CHANGE