# 619 LAKE AVE ASBURY PARK, NJ 07712



# **ORGANIC MENU**

\* ASBURY PARK \*

100% GLUTEN + WHEAT + DAIRY FREE

# angle K.O. JOE & HOT TEAS

[c] caffeinated [h] herbal

K.O. JOE HOUSE BLEND [c] 120z 2.5 | 160z 3 coffee corral K.O. blend of artisan, shade-grown, "bean everywhere" house coffee.

+ refill for Lake House employees

COLD BREW [c] 4

**TANGERINE** [h] 12oz 2.5 | 16oz 3

ECHINACEA IMMUNE SUPPORT [h] 12oz 2.5 | 16oz 3

GREEN TEA + KOMBUCHA [c] 120z 2.5 | 160z 3

+ add homemade coconut milk or almond milk

## **K.O. ICED TEAS**

Unsweetened [c] caffeinated [h] herbal

LEMON GINGER [c] 16oz | 3

TANGERINE [h] 16oz | 3

CITRUS BLACK TEA [c] 160z | 3

## K.O. COLD PRESSED JUICES

+ By the bottle

**IMMUNE TO BE 16oz** | 9.5 carrot, apple, ginger, lemon.

**GREEN WITHOUT ENVY** 160z | 9.5 celery, ginger, apple, kale, lemon, parsley.

**K.O. GREEN LEMONADE** 16oz | 9.5 celery, cucumber, ginger, apple, lemon.

**VOODOO GREEN 1602** | 9.5 apple, celery, cucumber, kale, romaine, spinach, ginger, lemon.

## **K.O. FRESH PRESSED JUICES**

**7 APPLES JUICED** 160z | 3 a blend of 7 different apples.

**ORANGE JUICE** 16oz | 3 cold pressed orange juice.

**PINEAPPLE JUICE** 16oz | 3 cold pressed pineapple juice.

# **K.O. LEMONADES**

STRAWBERRY THYME 12oz 3 | 16oz 4

**LAVENDER** 12oz 3 | 16oz 4

BLUEBERRY MINT 12oz 3 | 16oz 4

# **K<sub>2</sub>0 WATERS**

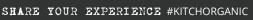
PH 9.5 BOTTLED WATER LG 4 | SM 2.5 + add some fresh mint or citrus slices













# 619 LAKE AVE ASBURY PARK, NJ 07712



# **ORGANIC MENU**

\* ASBURY PARK \*

100% GLUTEN + WHEAT + DAIRY FREE

# BREAKFAST | ALL DAY |

# LUNCH

## V VEGAN 🔏 GRAIN FREE

#### **EGG SANDWICH** 9

scrambled, fried, with avocado smash and sautéed kale served with side of sweet potato hash.

+ choice of turkey bacon or turkey sausage,

#### **TOFU SCRAMBLE 8**

#### SANDWICH or PLATTER

tofu, mushroom, bacon, sautéed kale and avocado smash with side of sweet potato hash.

#### **AVOCADO TOAST 8**

served with sweet potato hash.

+ add two eggs 4

#### K.O. GRANOLA 9

oats, flaxseed, sunflower seed, chia seed, sesame seed, pumpkin seed, cashews, almonds, walnuts, puffed millet, maple syrup, cinnamon, dried pears, dried apples, cranberries, raisins, shredded coconut, maple syrup and agave served with almond milk or coconut milk.

OATMEAL 6.5

**PARFAIT** 7

**ASSORTED FRUIT 4** 

## K.O. SIGNATURE SALAD 12 % kale, avocado, toasted pepitas, cranberries, lemon juice, and lemon pepper.

## KOBB SALAD 12 %

made to order

# CAESAR SALAD 10 made to order

MUSHROOM MEATBALLS 9 served open face on avocado toast drizzled with horseradish sauce and topped with salad greens.

# **HUMMUS PLATTER** 8.5

served with fresh vegetables

### **NUTTER BUTTER JAM SANDWICH 8**

choice of almond butter, cashew butter and jam (flavors seasonally available)

# LEMON SCENTED CHICKEN 12 SALAD SANDWICH

roasted chicken folded into our cruciferous salad with lemon aioli.

# THE SPICY BEAN BURGER 13.5 mixed beans, kale, caramelized onions, green

and red jalapeño peppers, tomato, lettuce, with chipotle cashew aioli.

# HAWAIIAN BURGER 14

quinoa, wild rice, white bean, mango, peaches, topped with roasted pineapple, coconut cashew cream, and roasted red onions, lettuce, tomato. Served with a side of creamy sweet potato salad.

## **THE T.K.O.** 13.5

turkey bacon, lettuce, tomato, avocado, spicy mustard served on our toasted seeded bread. + can be made vegan with mushroom bacon

### **BAKED GOODS**

assorted muffins 4 cookies 2 raw brownie 4 granola balls 2.5

Some of our foods may contain tree nuts. Please let us know if you have allergies or sensitivities to any of our ingredients.









