

619 LAKE AVE
ASBURY PARK, NJ 07712



ORGANIC MENU

* ASBURY PARK *

100% GLUTEN + WHEAT + DAIRY FREE

K.O. JOE & HOT TEAS

[c] caffeinated [h] herbal

K.O. JOE HOUSE BLEND [c] 12oz 2.5 | 16oz 3
coffee corral K.O. blend of artisan, shade-grown,
"bean everywhere" house coffee.

+ refill for Lake House employees

COLD BREW [c] 4

TANGERINE [h] 12oz 2.5 | 16oz 3

ECHINACEA IMMUNE SUPPORT [h] 12oz 2.5 | 16oz 3

GREEN TEA + KOMBUCHA [c] 12oz 2.5 | 16oz 3

+ add homemade coconut milk or almond milk

K.O. ICED TEAS

Unsweetened [c] caffeinated [h] herbal

LEMON GINGER [c] 16oz | 3

TANGERINE [h] 16oz | 3

CITRUS BLACK TEA [c] 16oz | 3

K.O. COLD PRESSED JUICES

+ *By the bottle*

IMMUNE TO BE 16oz | 9.5
carrot, apple, ginger, lemon.

GREEN WITHOUT ENVY 16oz | 9.5
celery, ginger, apple, kale, lemon, parsley.

K.O. GREEN LEMONADE 16oz | 9.5
celery, cucumber, ginger, apple, lemon.

VOODOO GREEN 16oz | 9.5
apple, celery, cucumber, kale, romaine, spinach,
ginger, lemon.

K.O. FRESH PRESSED JUICES

7 APPLES JUICED 16oz | 3
a blend of 7 different apples.

ORANGE JUICE 16oz | 3
cold pressed orange juice.

PINEAPPLE JUICE 16oz | 3
cold pressed pineapple juice.

K.O. LEMONADES

STRAWBERRY THYME 12oz 3 | 16oz 4

LAVENDER 12oz 3 | 16oz 4

BLUEBERRY MINT 12oz 3 | 16oz 4

K2O WATERS

PH 9.5 BOTTLED WATER LG 4 | SM 2.5

+ add some fresh mint or citrus slices

FOOD *is*
FUEL
for
LIFE



SHARE YOUR EXPERIENCE #KITCHORGANIC



THIS MENU IS PRESENTED WITH LOVE BY
EXECUTIVE CHEF * JENNIFER FREEMAN

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ORGANIC MENU

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BREAKFAST

| ALL DAY |

LUNCH



VEGAN



GRAIN FREE

EGG SANDWICH 9

scrambled, fried, with avocado smash and sautéed kale served with side of sweet potato hash.

+ choice of turkey bacon or turkey sausage,

TOFU SCRAMBLE 8

SANDWICH or PLATTER

tofu, mushroom, bacon, sautéed kale and avocado smash with side of sweet potato hash.

AVOCADO TOAST 8

served with sweet potato hash.

+ add two eggs 4

K.O. GRANOLA 9

oats, flaxseed, sunflower seed, chia seed, sesame seed, pumpkin seed, cashews, almonds, walnuts, puffed millet, maple syrup, cinnamon, dried pears, dried apples, cranberries, raisins, shredded coconut, maple syrup and agave served with almond milk or coconut milk.

OATMEAL 6.5

PARFAIT 7

ASSORTED FRUIT 4



K.O. SIGNATURE SALAD 12



kale, avocado, toasted pepitas, cranberries, lemon juice, and lemon pepper.

KOBB SALAD 12



made to order

CAESAR SALAD 10

made to order



MUSHROOM MEATBALLS 9

served open face on avocado toast drizzled with horseradish sauce and topped with salad greens.

HUMMUS PLATTER 8.5

served with fresh vegetables

NUTTER BUTTER JAM SANDWICH 8

choice of almond butter, cashew butter and jam (flavors seasonally available)

LEMON SCENTED CHICKEN 12

SALAD SANDWICH

roasted chicken folded into our cruciferous salad with lemon aioli.



THE SPICY BEAN BURGER 13.5

mixed beans, kale, caramelized onions, green and red jalapeño peppers, tomato, lettuce, with chipotle cashew aioli.



HAWAIIAN BURGER 14

quinoa, wild rice, white bean, mango, peaches, topped with roasted pineapple, coconut cashew cream, and roasted red onions, lettuce, tomato. Served with a side of creamy sweet potato salad.

THE T.K.O. 13.5

turkey bacon, lettuce, tomato, avocado, spicy mustard served on our toasted seeded bread.
+ can be made vegan with mushroom bacon

BAKED GOODS

assorted muffins 4

cookies 2

raw brownie 4

granola balls 2.5

Some of our foods may contain tree nuts. Please let us know if you have allergies or sensitivities to any of our ingredients.



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ALL PRICES & MENU ITEMS ARE SUBJECT TO CHANGE